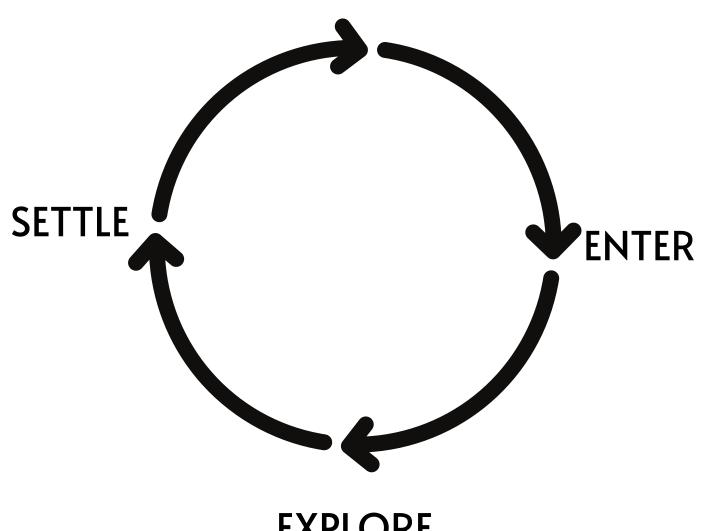
## the movement cycle Open Floor movement practice

## **OPEN ATTENTION**



**EXPLORE**