

# Range of Domestic Abuse I

- **Physical Abuse**
- Throwing things
- Bruising, broken bones, cuts, scratches
- Kicking, slapping, hitting
- Pushing, shoving, grabbing
- Choking, strangling, suffocating
- Using a weapon, knives, scissors, whips, firearms
- Biting, burning, chemical burns, scalding, ice baths, left in cold
- Head injuries – knocking unconscious, trauma to head
- Miscarriage, premature birth
- Physical neglect – deprivation of sleep, food, warmth
- Forcing to take drugs
- Dousing in petrol, acid
- Death KILLING,
- **Emotional and Psychological Abuse**
- Coercive control
- Domestic captivity
- Terror, fear and intimidation
- Verbal abuse – unrelenting criticism
- Threats – to survivor, children, family, pets, suicide
- Humiliation, degradation, derogation, shame
- Isolation from family, friends, social network
- Denial of privacy
- Emotional neglect – unresponsive, unavailable
- Cognitive neglect – work
- Minimising, denying, blaming
- Use of children
- Interpersonal neglect – going out, use of telephone, hiding/burning clothes

# Range of Domestic Abuse II

- **Sexual Abuse**
- Rape –anal, vaginal, oral
- Sexual assault, insults
- Degrading and humiliating sexual acts
- Forced sex with others, prostitution, with children or animals
- Forced pornography
- Mutilation of genitals, breasts, pouring chemical into labia
- Unsafe sex
- Forced sex after childbirth, risk infection, rupture
- Religious prohibitions ignored
- **Financial Abuse**
- Denying access to cash, or credit
- Not consulting on decisions of how income is spent
- Denying access to employment
- Not contributing to family income, expecting partner to fund everything
- **Spiritual Abuse**
- Preventing observation of holy days
- Preventing religious contemplation, rituals
- Preventing worship
- Ridiculing religious/spiritual views and beliefs
- **Other Forms of Abuse**
- Damage to personal property
- Theft of property
- Threats and violence to pets
- Stalking and cyberstalking, especially after relationship ended