

# THE GESTALT PRAYER



**I do my thing and you do your thing.**

**I am not in this world to live up to  
your expectations,**

**And you are not in this world to live  
up to mine.**

**You are you and I am I;**

**And if by chance we find each other,  
it's beautiful**

**If not, it can't be helped.**

***Fritz Perls***